



STANDING ORDERS - NURSING

1. Exact circumferential measurements of all extremities on admission at the following positions:

Upper Extremities

Lower Extremities

- |                                   |                           |
|-----------------------------------|---------------------------|
| (1) largest part of the upper arm | largest part of the thigh |
| (2) elbow                         | knee                      |
| (3) largest part of the lower arm | largest part of the calf  |
| (4) wrist                         | ankle                     |
| (5) largest part of the hand      | arch of the foot          |
2. Use scribe marker to indicate location of measurements on the affected limbs. Repeat measurements of affected limbs before and after each pumping sequence. Record all measurements on the Patient Flowsheet.
  3. Neurovascular checks and skin checks before and after each pumping sequence.
  4. Double layer of stockinette under pump sleeve. (Make sure there are no wrinkles.)
  5. When not being pumped, ace wrap (figure 8 style) affected extremities using narrow ace wraps distally and wider wraps proximally.
  6. Keep affected extremities horizontal or elevated as much as possible.
  7. Teach parents correct techniques for measuring extremities, doing neurovascular and skin checks, ace wrapping, and pumping.
  8. Take vital signs on admission, before each pumping sequence, every hour during the first two pumping sequences and every two hours during subsequent pumping sequences.
  9. Strict Intake and Output recording and daily weight.

